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INSIDE: Contact
Lens Advances

Frame Show!
Oct. 19th!

Family EyeCare
Center Staff News

B&L Recall

Surgery Update: Custom LASIK and New Focusing Implants Lenses

Imagine needing glasses or contacts almost your whole life. Then, one day you have the freedom to see without glasses or contacts regardless of your age. Custom LASIK treatment and some of the new "focusing" or "accommodating" lens implant procedures can make this possible.

LASIK was specifically designed to improve distance vision, but it has been adapted to correct distance and near vision using a technique called "monovision". Monovision with contact lenses has been used successfully for many years. The doctor prescribes specific powers that bias one eye to see far views better and one

eye to see better for reading. This can be a very useful technique for those patients who want freedom from reading glasses, but this method is a compromise since the two eyes are not matched. With the advent of multi-focal contact lenses doctors now have other good options for the patient. This same transition is also available for patients who are in their 50's or older who now need or will soon need cataract surgery. Patients now have the option of using new "focusing" implant lenses that can correct both their near and far vision. Our bodies may not be able to return to exactly what they were at 20 to 30

years old, but our eyes certainly can now get close.

FREE
LASIK INFO SESSION
and
LENS IMPLANT
DEMONSTRATIONS

will be available at our frame show
on Oct. 19th.

This is a great way to find out if
you would be a candidate for one
of these life changing procedures!



FAMILY EYE CARE CENTER
AN OPTOMETRIC CORPORATION

FALL NEWSLETTER 2006

DOCTORS ROSS, WAN, TAYLOR and TUAN, O.D.'s
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New Advances in Contact Lens Material and Designs

During the last several months, a myriad of new contact lens materials and designs have been introduced. These new developments can advance eye health and comfort for almost all contact lens wearers. Here is a synopsis of some of the recent contact lens releases:

SynergEyes Hybrid Lens: This is a combination rigid lens in the middle

and soft skirt around the periphery. This lens has great optics and astigmatism correction ability combined with comfort close to that of standard soft lenses. The SynergEyes lens can be very useful for patients who require a rigid contact lens design (especially those who have keratoconus or other eye surface distortions).

New for the over 40 year old patient who is starting to have some issues with up-close vision:

One of the more progressive and exciting areas is the release of new contact lens designs for those patients who are starting to have issues with far and near vision (or for those patients for whom reading glasses are a hassle). This class of

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Mark your calendar, Thursday, October 19th, 4:30-8:30 for our frame show and sale. This is our 10th anniversary and we want you to join us to help us celebrate. We will have 10 times more frames and 10 times more fun. There will be special deals and great savings on sunglasses, designer collections, reading glasses and children's glasses. Many frame styles are new and unique. **Please join us for a classy evening of fun, food and frames.**

Most of all, come for fantastic savings!

20% off frames, lenses, coatings and tints.

Maui Jim and Oakley will also be very specially priced for this event

Come Join the Fun!



*Discounts cannot be used with any insurance or other discounts.

10th Anniversary!
Frame Show & Sale
October 19
4:30-8:30 PM

Fun-Fun-Fun - One Evening Only!

SAVE 20%* OR MORE
ON YOUR ENTIRE ORDER.

INCLUDING:
Frames, lenses, coatings & tints!

Family EyeCare Center Office Tid-Bits

Hi Everyone, the doctors had a very busy summer. The office underwent a total computer software changeover (many headaches), Dr. Ross now has 2 grand kids and his second son got married (3 of 5 now married). Dr. Wan and family visited Italy and Dr. Wan hiked Mt. Whitney. Dr. Taylor has a new addition to his family, a beautiful puppy named Cody, a 10 month beagle mix. Cody is so smart he plays chess (well at least he chews on Dr. T's chess pieces). Dr. Tuan stayed busy with her 18 month old son, Kyle and is now becoming a digital camera fanatic. She is learning that everything takes a little longer, yet time seems to fly by. We hope all of you had a great summer also.

Best Regards,
the doctors of Family EyeCare Center

P.S. Thank you to all of our understanding patients for working with us through our total computer system transition and change over.



Meet Family EyeCare Center's Newest Addition... Dr. Amy Boscia

We welcome Dr. Amy Boscia to Family EyeCare Center. She is a graduate of the Pennsylvania College of Optometry (Dr. Ross's alma mata). Dr. Boscia is trained in a variety of optometric fields including; primary eye care, contact lenses, pre-and post-operative care, low vision, and the management and treatment of ocular diseases.

Dr. Boscia is a native of Coudersport, a small town in northern Pennsylvania whose surrounding county is home to more deer than people. Growing up on a 300-acre farm she became an avid horseback rider, participating in competitive horse shows since she was six years old. Trained by her father in cross-country, she found a passion for long distance running and will be competing in her first marathon soon. Four years ago she and her husband, Ted, fell in love with California when he proposed in Santa Cruz on their first trip here. They were married in May 2005. Recently they have found themselves in California again with Ted's acceptance to Stanford's masters program for journalism.

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Advances in Contact Lens Materials and Designs

contact lenses is called "multi-focal" lenses, and they have the ability to help your near and far vision. Some of the newer releases are the Cooper Vision ProClear Multifocal and the PureVision Multifocal from Bausch and Lomb.

Advanced Aspheric Optics, simply sharper vision for most patients:

The eye is not a perfectly symmetrical round sphere, and yet the standard method of correction is a spherical (or round) optics design. Because the eye is not round, this spherical correction is far from perfect for many patients. The new aspheric optics can help many patients see better, especially in low light or night-time conditions. This new class of lens designs include

the new Biomedics XC, Biofinity or the Bausch & Lomb Purevision lens. These lenses can give you "High Definition" vision .

Silicone Hydrogel materials, great oxygen permeability for better eye health:

Super-permeable lens materials are available for virtually any contact lens patient. This area has advanced so far this year that we can prescribe this class of lenses for patients who need astigmatic correction, bifocal correction or just everyday use. The most recent advance is a softer more deposit resistant variety. Such lenses as the Acuvue Oasys or the Cooper Vision's Biofinity are in this class.

Longer wearability for everyone especially for patients with somewhat dry eyes or those who work in harsh environments:

Newer and more advanced formulations have made wearing contact lenses more comfortable and easier than ever. New lens materials stay cleaner longer, are more resistance to deposits, are more resistant to contamination and stay wetter longer. Clear vision, healthy whiter eyes and better comfort will benefit virtually everyone.

These are exciting times for contact lens wearers, your doctors at Family EyeCare Center are happy to provide you with the best lenses for your eyes.

Moisture Retention help for Dry Eye Syndrome (DES)

Dry Eye Syndrome, or DES, affects millions of Americans every year.

The most common logical treatment for this condition is to supplement the eye with additional tear lubricants.

If you have been to the drug store lately, there seems to be a multitude of confusing choices, many that offer little or no help and some that may actually make DES even worse.

Many of the "get the red out" drops contain a drug that makes your eyes

look better, but may actually make the dry eyes worse. Other drops may be heavy with harsh preservatives that if used too often can actually damage the delicate corneal surface.

One of the best new innovations for

people with DES is the development of "soft preservatives" or preservative free eye drops. One of the best in this category is Alcon's Systane Free. Systane Free has a unique soft preservative that as soon as it touches the eye surface it forms a thin protective gel that coats and protects the ocular surface. Since it's preservative free, you can use it as often as you like. If you would like a free sample, drop into the office and we would be happy to provide you with a free trial.

Dry-Eye Symptoms

- Itching
- Burning
- Irritation
- Redness
- Blurred vision that improves with blinking
- Discomfort after reading, watching TV or working on a computer
- Excessive tearing

Breakthrough eyeglass lens technology:

Computer aided design combined with computer aided manufacturing creates better spectacle corrections

"Free Form" custom eyeglass lens manufacturing is a new and exciting lens technology that delivers more usable and distortion free vision. Free form lens manufacturing incorporates a computer driven design that is custom matched to your prescription and frame selection. The result is a kinder, gentler lens prescription that has reduced side distortion and more usable reading area.

The best lens designs have gotten better, and many of our patients have already commented how great their new vision is....and on how attractive their new glasses look, too!

Kodak and Essilor are the leading manufacturers in the free form arena.

Are you at risk for corneal fungal infections?



Bausch & Lomb Solution Recall

Two months ago, Bausch & Lomb issued a global recall of their Renu with MoistureLoc multi-purpose solution after it was linked to possible serious fungal eye infections. If you are currently using Bausch & Lomb Renu with MoistureLoc, discontinue its use and call our office. We will provide a FREE Multi-purpose disinfection system and proper lens care instructions to any one in your family or your friends. One of our favorite systems is the new Alcon Replenish multi-purpose systems. Alcon's new Replenish system is specially formulated to provide extended all day comfort for your contact lenses and surpasses all FDA guidelines for microbial and fungal disinfection.

PROPER CONTACT LENS CARE

- Dispose of your contact lenses as advised or by FDA guidelines
- Wash your hands before handling your contact lenses
- Rub and clean your contacts with recommended care solutions
- Rinse your contacts before storing
- Rinse and clean your contact lens case daily
- Replace your contacts lens case on a regular basis (at least 4x/year)
- Always discard old solution in your case, rinse, and air dry case when not in use
- Always place fresh solution in your case when disinfecting your lenses overnight
- Never refill any solution bottle, never touch the tip of the bottle to anything

If you have any questions regarding the care of your contact lenses, we invite you to call our office or come in for personal instructions.